



Main MENU

AVAILABLE FOR LUNCH & DINNER 7 DAYS A WEEK
Mains served with vegetables or chips & salad

PLEASE ADVISE OF ANY ALLERGIES WHEN ORDERING

ENTREES & SIDES	MEMBER	VISITOR
Dim Sims	1.00 ea	1.10 ea
Spring Rolls (vegetarian)	1.50 ea	1.80 ea
Satay Chicken Skewers (2)	6.00	6.50
Garlic Bread	4.50	5.00
Chinese Sausage	6.50	7.00
Soup of The Day (winter months)	5.00	5.50
Prawn Crackers	2.50	3.00
Prawn Cocktail	10.00	11.00
Calamari Rings (5)	8.00	9.00
Bowl of Chips	4.50	5.00
Bowl of vegetables	8.00	9.00
Wedges w. sour cream & sweet chilli	6.50	7.00
CHICKEN		
Chicken Schnitzel	15.50	17.50
Chicken Parmigiana	17.50	19.50
Chicken Kiev	18.50	20.50
Chicken Hawaiian	17.50	19.50
Swiss Chicken (GF)	18.00	20.00
Chicken Avocado	19.50	21.50
Mediterranean Chicken	19.50	21.50
Mango Chicken (GF)	18.00	20.00
FAVOURITES		
Roast of The Day (Main size) GF on request	17.50	19.50
Ham Steak & Pineapple (GF)	17.50	19.50

FROM THE GRILL

	MEMBER	VISITOR
Porterhouse (GF without gravy)	26.50	28.50
Scotch Fillet (GF without gravy)	29.00	31.00
T Bone (GF without gravy)	27.50	29.50

Served with vegetables or chips & salad and topped with Gravy, Mushroom Gravy, Pepper Sauce or Garlic Butter.

BEEF

Beef Schnitzel	17.50	19.50
Beef Parmigiana	19.50	21.50

SEAFOOD

Calamari Rings	17.50	19.50
Prawn Cutlets	21.50	23.50
Atlantic Salmon (GF)	24.00	26.00
Crumbed Scallops	23.50	25.50
Grilled Barramundi (GF on request)	18.00	20.00
Flathead Tails (Main size)	19.50	21.50
Garlic Prawn Kebabs	26.50	28.50
Fish of the Day	17.50	19.50
Fisherman's Basket	23.00	25.00



Steamed or fried rice to be ordered separately.
Our Asian Dishes do not contain MSG.

RICE & NOODLES

Large Fried Rice with egg, ham & peas	8.50	9.50
Small Fried Rice with egg, ham & peas	7.50	8.50
Steamed Rice	4.00	4.50
Singapore Noodles	14.50	16.00

PORK

Sweet & Sour Pork	19.50	21.50
BBQ Pork & Plum Sauce	19.50	21.50
BBQ Pork & Cashews	20.50	22.50
BBQ Pork Chow Mein	19.50	21.50

BEEF

	MEMBER	VISITOR
Beef & Cashews	21.00	23.00
Mongolian Beef	20.00	22.00
Beef & Black Bean	20.00	22.00
Beef Chow Mein	20.50	22.50
Beef & Satay Sauce	20.00	22.00
Beef & Curry Sauce	20.00	22.00
Pepper Beef	20.00	22.00

PRAWNS

Sweet & Sour Prawns	26.50	28.50
Garlic Prawns	26.50	28.50
Prawns & Cashews	27.50	29.50
Prawn Chow Mein	27.00	29.00
Prawn & Curry Sauce	26.50	28.50
Honey Prawns	27.50	29.50
Prawn & Chilli Sauce	26.50	28.50
Prawn & Satay Sauce	26.50	28.50

CHICKEN

Chicken & Cashews	19.00	21.00
Sweet & Sour Chicken	17.50	19.50
Lemon Chicken	17.50	19.50
Chicken Chow Mein	18.50	20.50
Chicken & Curry Sauce	17.50	19.50
Chicken & Satay Sauce	17.50	19.50
Chicken & Honey Sauce	19.00	21.00

COMBINATION

Special Combination	23.50	25.50
Curried Combination	23.50	25.50
Chilli Combination	23.50	25.50
Satay Combination	23.50	25.50
Black Bean Combination	23.50	25.50
Sweet & Sour Combination	23.50	25.50

VEGETABLES

Mixed Veggies & Cashews	16.00	18.00
Mixed Veggies & Sauce	14.50	16.50

Chilli, Curry, Oyster, Black Bean or Satay



- Dim Sims (3)
- Spring Rolls (2)
- Chicken Nuggets
- Chicken Schnitzel
- Fish & Chips
- Ham & Pineapple Pizza

All served with chips.
Includes scoop of ice cream for dessert & small soft drink.
Available for children aged 12 and under.

- Banana Fritter w. ice cream 6.00
- Banana Split 6.00
- Pineapple Fritter w. ice cream 6.00
- Cheesecake 5.50
- Pavlova 5.50
- Sticky Date Pudding 6.50
- Ice Cream & Topping 5.00



PLEASE PRESENT
CURRENT SENIORS CARD
WHEN ORDERING.

- Chicken Schnitzel
- Fish of the Day
- Roast of the Day*
- Flathead Tails
- Ham Steak & Pineapple
- Calamari Rings
- Lasagne

- Lemon Chicken
- Sweet & Sour Chicken
- Chicken & Satay Sauce
- Beef & Black Bean Sauce
- Beef & Satay Sauce
- Beef & Chicken Chop Suey
- Beef & Curry Sauce
- Chicken & Curry Sauce
- Sweet & Sour Pork

All served with vegetables
or chips & salad.
*Roast of the Day served
with vegetables.

All Asian meals served with
your choice of
steamed or fried rice.

Soup of the Day - 5.50



SPARKLING	MEMBER	VISITOR
Mitchelton - NV Cuvee	6.50	7.50
Yellowglen Piccolo - Pink or Yellow	8.00	9.00
WHITE WINE		
Mitchelton - The Bend (Sav Blanc)	6.00	7.00
Mitchelton - The Bend (Chardonnay)	6.00	7.00
Mitchelton - Preece (Chardonnay)	7.00	8.00
Mitchelton - Blackwood Park (Riesling)	7.00	8.00
Oyster Bay (Sauvignon Blanc)	7.00	8.00
Upside Down (Sauvignon Blanc)	7.00	8.00
Brown Bothers Moscato	7.00	8.00
RED WINE		
Mitchelton - The Bend (Cabernet Sav)	6.00	7.00
Mitchelton - The Bend (Shiraz)	6.00	7.00
Mitchelton - Preece (Shiraz)	7.00	8.00
Mitchelton - Preece (Cabernet Sav)	7.00	8.00
Mitchelton - Preece (Rose)	7.00	8.00
Oyster Bay (Merlot)	7.00	8.00
Gully Wines Lambrusco	6.00	7.00

WINE ALSO AVAILABLE BY THE BOTTLE



MEALS FROM MAIN MENU ALSO AVAILABLE

- RSL Burger
- Flathead Tails
- Chicken Schnitzel
- Fish of the Day
- Mini Grill
- Ham Steak & Pineapple (GF)
- Calamari Rings
- Roast of the Day* (GF without gravy)
- Ham Omelette (GF)
- Grilled Sausages
- Lasagne
- Fettuccine Carbonara
- Prawn Cutlets

All served with chips & salad.
*Roast of the Day served with vegetables.

- Lemon Chicken
- Sweet & Sour Chicken
- Chicken & Satay Sauce
- Satay Chicken Skewers
- Beef & Black Bean Sauce
- Beef & Satay Sauce
- Beef & Chicken Chop Suey
- Beef & Curry Sauce
- Chicken & Curry Sauce
- Sweet & Sour Pork

All Asian meals served with steamed or fried rice.

Soup of the Day - 5.50
Bowl of Chips - 5.00